Family Cell Phone Agreement

Gadgets, Phones and the Internet can be used in unsafe ways. I am making this agreement with my parents to help me, my family and my friends stay safe!!!

My parents and I will decide when I am allowed to use the computer, cell phone, gaming systems and the internet. I promise not to ask or fight for more time. I will only do things and visit places they say I can. **Initial Here:\_\_\_\_\_\_\_\_.**

I understand that the rules below are for my safety and that my parents love me more than anything in the world. I understand that my parents want to give me freedom, while also giving me enough security to make smart choices. **Initial Here:\_\_\_\_\_\_\_\_.**

I promise that my parents will always know my phone passwords. I understand that my parents have a right to look at my phone whenever there’s a need for them to do so, even without my permission. **Initial Here:\_\_\_\_\_\_\_\_.**

I will not use my phone during meals, either at home or while dining out, unless given permission. **Initial Here: \_\_\_\_\_\_\_.**

I will follow the rules that my school has in place for cell phones at all times. **Initial Here: \_\_\_\_\_\_\_.**

Playing games on my phone is not a free for all and only allowed with permission or as part of agreed upon earned screen time. **Initial Here: \_\_\_\_\_\_\_\_.**

I will not be on my phone when in a conversational group or family setting so I can be present and have fun. **Initial Here:\_\_\_\_\_\_\_\_.**

I will hand the phone to one of my parents promptly at \_\_\_\_\_ pm every school night and every weekend night at pm . I will get it back at am. **Initial Here:** .

I understand that my behavior on my phone can impact my future reputation—even in ways that I am not able to predict or see. **Initial Here:** .

I will not send or receive naked photos, **EVER**. I understand that there could be serious legal consequences that could put mine and my parents’ future at-risk. **Initial Here:** \_\_\_\_\_\_\_\_\_\_.

I promise I will tell my parents when I receive suspicious or alarming phone calls or text messages from people I don’t know. I will also tell my parents if I am being harassed by someone via my cell phone. **Initial Here:** .

I WILL NEVER EVER MEET WITH ANYONE I’VE TALKED TO ONLINE WITHOUT FIRST TALKING WITH MY PARENTS**. Initial Here:** .

I will NEVER use my phone or social media to bully or tease anyone, even if my friends think it’s funny. **Initial Here:** .

If I break my phone due to carelessness, I will be responsible for paying the repair and monthly fees. **Initial Here:** .

I will not lie about where I have been or how I am using the phone. I promise to answer questions openly, honestly, and directly. **Initial Here:** .

I understand that this is NOT my phone and that it was paid for by my parents. Having this phone is not a right—it is a privilege that can be taken away. As such, I have read the following document and agree to the above rules. I understand that if I have any questions, I should talk to my parents face-to-face.

I have read the above and agree to follow the rules .

If I do not follow rules, my parents can take away my privileges .

I agree to let my child use electronics, as long as these rules are followed .

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**Child’s Signature** **Parent’s signature**